

MENU

WEEK ONE

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Beef Bolognese	Pulled Beef Wrap	Sausage Lyonnaise	Cheesy Bacon Burger	Fish Shop Friday (A selection Breaded & Battered Fish, Vegetarian Dishes & Chip Shop Favourites)
Vegetarian	Roasted Veg Ratatouille	Roasted Vegetable & Hummus Wrap	Garlic Mushroom Hot Pot	Coconut Cauliflower Curry	
Starchy	Penne Pasta	Bread Roll	Creamy Mashed Potatoes	Long Grain Rice	Chips
Vegetable	Broccoli	Vegetable Sticks	Red Cabbage	Garden Peas	Mushy Peas & Baked Beans
Dessert	Spiced Eves Pudding	Carrot & Oat Cookie	Apple & Pear Crumble	Chocolate Sponge & Chocolate Custard	Chocolate Mousse

ALSO AVAILABLE DAILY... Jacket Potatoes, Seasonal Fresh Fruit, Yoghurt, Fresh Milk, Fruit Juice & Water

We are proud to have attained Bronze Food for Life Accreditation.

We only use Red Tractor accredited meat. All our fish is certified by the Marine Stewardship Council.

We only use free range eggs. Our tuna is pole and line caught. We only use fruit and vegetables that are in season.

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WEEK TWO

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Fire Blasted Sweet Chilli Chicken	Sloppy Joe Dog Slider	Slow Roasted Lemon & Thyme Chicken	Thai Red Coconut Chicken Curry	Fish Shop Friday (A selection Breaded & Battered Fish, Vegetarian Dishes & Chip Shop Favourites)
Vegetarian	Quorn Stir Fry	Mixed Chilli Beans Burrito	Cheese & Onion Tart	Peri Peri Bean Jacket	
Starchy	Noodles	Bread Roll	Roasted Potatoes	Long Grain Rice	Chips
Vegetable	Green Beans	Vegetable Sticks	Cabbage & Carrots	Jewelled Sweetcorn	Mushy Peas & Baked Beans
Dessert	Lemon Drizzle Cake	Chocolate Shortbread Tray Bake	Apple Crumble	Mixed Berry Trifle	Rocky Road Chocolate Slice

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WEEK THREE

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Beef & Black Bean Sauce	Fire Beef Tortilla Wrap	Creamy Chicken & Chorizo Pie	Sweet & Sour Chicken	Fish Shop Friday (A selection Breaded & Battered Fish, Vegetarian Dishes & Chip Shop Favourites)
Vegetarian	Leek & Potato Frittata	Roasted Vegetable & Mozzarella Slider	Root Vegetable Hot Pot	Chimichurri Penne Pasta	
Starchy	Noodles	Bread Roll	Mashed Potatoes	Long Grain Rice	Chips
Vegetable	Glazed Parsley Carrots	Vegetable Sticks	Cauliflower & Sweetcorn	Peas & Carrots	Mushy Peas & Baked Beans
Dessert	Strawberry & Apple Crumble	Sliced Banana Cake	Carrot & Orange Sponge	Pineapple Sponge	Apple Pie

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