

Year 7		
Autumn Term 2019	Spring Term 2020	Summer Term 2020
<p><b><u>Half term 1</u></b>  <b>Introduction Unit Basic Body Actions</b></p> <p><b><u>Content breakdown:</u></b>  <b>Week 1:</b>            Intro lesson: booklets/ routines/ seating plan/ Introduction to Dance and Dance teacher. Share rules and disciplines in Dance · Learn names · To maintain a good working environment · To establish subject awareness.</p> <p><b>Week 2:</b>            Introduction to basic body actions to be able to identify, perform and evaluate basic body actions.</p> <p><b>Week 3 - 4:</b> Develop choreographic skills using the basic body actions, introducing transitions. Identify and implement the basic skills of dance analysis.</p> <p><b>Week 5:</b> Explore the principles of safe contact work in choreography.</p> <p><b>Week 6:</b> End of topic assessment fortnight: Practical DIRT marking assessment</p> <p><b>Week 7:</b> End of topic assessment fortnight: ICC Assessment 1 this week. Practical DIRT marking assessment</p>	<p><b><u>Half term 3</u></b>  <b>Pirates</b></p> <p><b><u>Content breakdown:</u></b>  <b>Week 1</b> Explore the theme of pirates through the use of improvisation and prepared improvisation.</p> <p><b>Week 2:</b> Develop improvisational skills Create travelling phrasing with specific ASDR restrictions to develop creative thinking.</p> <p><b>Week 3:</b> Developing sword fighting duets - looking at stage fighting and the development of contact transitions.</p> <p><b>Week 4:</b> introduction and use of different forms of canon e.g. simultaneous and cumulative.</p> <p><b>Week 5:</b> Complete previous lesson extension tasks exploring musicality and working with music. Rehearsal towards assessment performances. This week given to prepare for assessment focus on: <i>What makes an effective rehearsal?</i></p> <p><b>Week 6:</b> End of topic assessment week: Practical DIRT marking assessment. Peer/ self and teacher assessment. Responding/ Evaluation/ Review of Topic/ completion of self-assessment tracker and target setting in booklets/ DIRT marking.</p>	<p><b><u>Half term 5</u></b>  <b>African Dance</b></p> <p><b><u>Content breakdown:</u></b>  <b>Week 1:</b> Introduction to the history of African dance, identify the geographical location of Africa. Explore key principles of African dance. Set movements and the exploration of exits and entrances.</p> <p><b>Week 2:</b> Introduce and explore body percussion and different rhythms. Working in theatre in the round and building up atmosphere of traditional African dance celebrations.</p> <p><b>Week 3:</b> Developing use of choreographic skills: Identify different warrior tribes and replicate freeze frames, moving into action and reaction transitions.</p> <p><b>Week 4:</b> Developing the technical skill: Dynamics, exploring the power of slow motion in choreography to build a climax.</p> <p><b>Week 5:</b> Re-cap and work towards assessment performances. This week is given to prepare for assessment focus on expressive skills.</p>



# Ifield Community College

## Performing Arts Department DANCE

<p><b>Week 8:</b> Responding/ Evaluation/ Review of Topic/ completion of self-assessment tracker and target setting in booklets/ DIRT marking.</p> <p><b>Key skills of the half term</b>  <b>Physical:</b> Movement Memory, Balance, Use of weight.  <b>Expressive:</b> Spatial awareness, Reproducing style  <b>Choreographic:</b> Reordering, Creating own BBA, Contact work.</p>	<p><b>Key skills of the half term</b>  <b>Physical:</b> Strength, Extension, Use of breath.  <b>Expressive:</b> Musicality, Timing  <b>Choreographic:</b> Travelling, Contact (stage fighting) Use of different forms of canon.</p>	<p><b>Week 6:</b> End of topic assessment week: Practical DIRT marking assessment. Peer/ self and teacher assessment. Responding/ Evaluation/ Review of Topic/ completion of self-assessment tracker and target setting in booklets/ DIRT marking.</p> <p><b>Key skills of the half term</b>  <b>Physical:</b> Strength, Co-Ordination, Movement Memory.  <b>Expressive:</b> Reproduction of style, Energy  <b>Choreographic:</b> Action reaction, Body percussion / instrumentation, Exits and entrances.</p>
<p><b>Half term 2</b>  <b>Comic Strips</b></p> <p><b>Content breakdown:</b>  <b>Week 1:</b> DEP 1          Introduce expressive skills in dance with a focus on facial expressions. Develop understanding of dynamics and exaggerated movement in a set routine. Choreographic understanding of retrograde.</p> <p><b>Week 2:</b> Develop higher level of contact skills.</p> <p><b>Week 3:</b> Introduce students to scenario work, to develop own choreography to a scenario work, to apply creative expressive skills.</p> <p><b>Week 4:</b> Develop understanding of dance structures. Apply a clear structure to own choreography.</p>	<p><b>Half term 5</b>  <b>West Side Story</b></p> <p><b>Content breakdown:</b>  <b>Week 1:</b> DEP 2          Developing understanding of physical skills, set phrase - Develop and refining the use of unison. Working individually and in pairs</p> <p><b>Week 2:</b> Analysis of own physical skills level - action stations carousel.</p> <p><b>Week 3:</b> Developing choreographic skills exploring professional repertoire. Exploring question and answer.</p> <p><b>Week 4:</b> Building understanding of the technical skill: space exploring pathways and understanding the concept of chance choreography. Preparation for assessment lesson.</p>	<p><b>Half term 6</b>  <b>High School Musical</b></p> <p><b>Content breakdown:</b>  <b>Week 1:</b> DEP 3          Developing understanding of technical skills - ASDR, set phrase - Develop and refining - formations.</p> <p><b>Week 2- 3:</b> Explore the use of props. Develop dance component analysis of set design and use of props to develop analytical skills. Practically explore the inclusion of a prop to the set phrase - problem solving.</p> <p><b>Week 4:</b> Explore dancer to dancer relationships e.g lead and follow, mirroring, complement and contrast.</p>



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<p><b>Week 5:</b> Re-cap and work towards assessment performances. This week given to prepare for assessment focus on expressive skills.</p> <p><b>Week 6:</b> End of topic assessment week: Practical DIRT marking assessment. Peer/ self and teacher assessment.</p> <p><b>Week 7:</b> Responding/ Evaluation/ Review of Topic/ completion of self-assessment tracker and target setting in booklets/ DIRT marking.</p> <p><b>Key skills of the half term</b>  <b>Physical:</b> Control, Balance, Dynamics  <b>Expressive:</b> Energy, Facial Expressions, Emphasis and Phrasing.  <b>Choreographic:</b> Structure, Applying a scenario.</p>	<p><b>Week 5:</b> Re-cap and work towards assessment performances. This week given to prepare for assessment focus on physical skills.</p> <p><b>Week 6:</b> End of topic assessment week: Practical DIRT marking assessment. Peer/ self and teacher assessment Responding/ Evaluation/ Review of Topic/ completion of self-assessment tracker and target setting in booklets/ DIRT marking.</p> <p><b>Key skills of the half term</b>  <b>Physical:</b> Control, Co-ordination, Posture  <b>Expressive:</b> Projection, Timing  <b>Choreographic:</b> Use of space: Pathways, Use of repertoire.</p>	<p><b>Week 5:</b> Re-cap and work towards assessment performances. This week given to prepare for assessment focus on choreography skills and direct correlation working with the music.</p> <p><b>Week 6:</b> End of topic assessment week: Practical DIRT marking assessment. Peer/ self and teacher assessment Responding/ Evaluation/ Review of Topic/ completion of self-assessment tracker and target setting in booklets/ DIRT marking.</p> <p><b>Week 7:</b> End of year review/ summary/ reflection/ awards/ rewards</p> <p><b>Key skills of the half term</b>  <b>Physical:</b> Movement memory, Extension, Contraction.  <b>Expressive:</b> Timing, Musicality, Energy  <b>Choreographic:</b> Creating movement to music, Unison, Formations.</p>
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