

# Sorrow

a feeling of deep distress caused by loss, disappointment, or other misfortune suffered by oneself or others, sadness, unhappiness, dejection, regret, depression, misery, cheerlessness, downheartedness, despondency, despair, glumness, gloom, gloominess, heaviness of heart, melancholy, low spirits, mournfulness, woe, broken-heartedness, heartache, grief

“Some days are just bad days, that's all. You have to experience sadness to know happiness, and I remind myself that not every day is going to be a good day, that's just the way it is!”

**Dita Von Teese**

*'Queen of Burlesque'*

