

June 2022

Dear Parents and Carers,

Term 6 #NeuroNinja Parent & Carer Webinars

As part of our continued support for students and their families across the learning community of the school we're excited to bring to you the summer's webinar programme. Thank you so much for your engagement with last term's programme, we have had over 81000 views of the material last term.

The aim of our work is to inspire, engage, enthral and inform you and your child about the incredible potential of the amazing human brain and how, through changes to our daily behaviours, we can improve and develop ourselves.

Term 6 Webinars are below.

We've made it easy, [click here to sign up](#) to all the webinars, only log on for the ones you want to watch live, all of them are recorded and on the hub within a week of being recorded.

Wed 22 June and Thu 23 June
Well-Being Strand

Session 1: Build Great Sleep (1)
Session 2: Build Great Sleep (2)

How to help you and your child build great sleep

[click here to sign up](#)



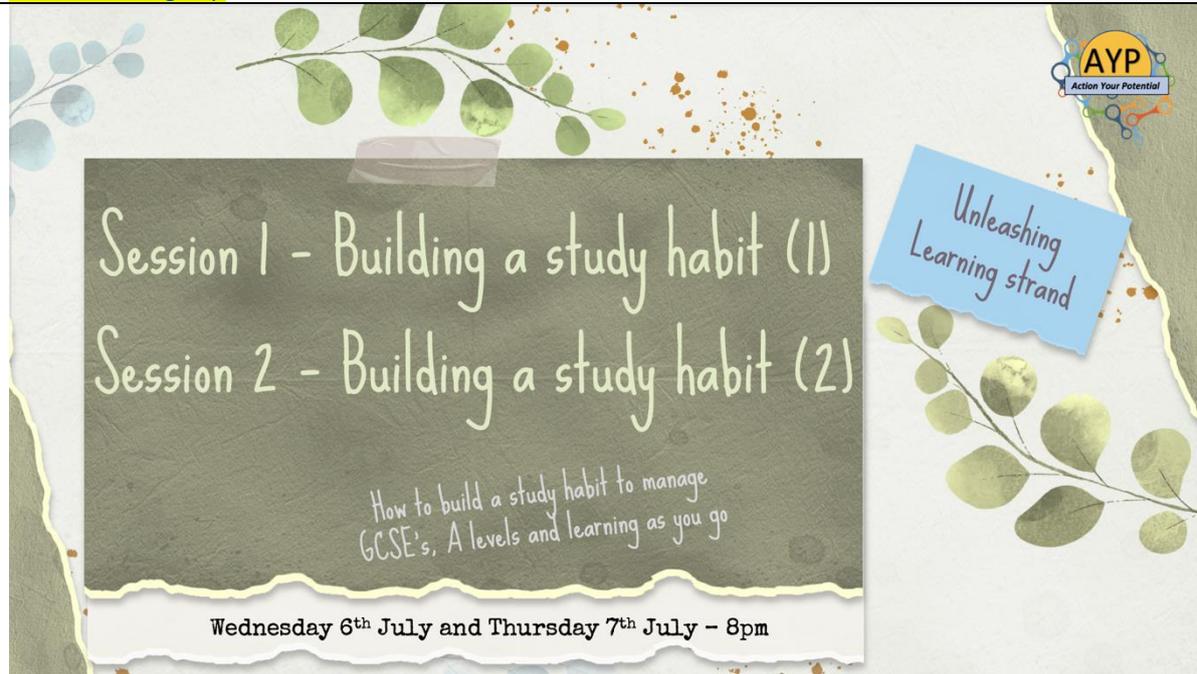
Wed 6 and Thu 7 July – 8pm
Unleashing Learning
Building A Study Habit (1)
Building A Study Habit (2)

How to build a study habit to manage GCSEs, A Levels and learning as you go.

All sessions are on Zoom

All sessions will be recorded and loaded to the NeuroNinja Learning Hub

[click here to sign up](#)



The graphic features a central dark green chalkboard with white text. Above the chalkboard is a branch with green leaves. To the right is a blue sticky note with white text. In the top right corner is the AYP logo. The background is a light green textured paper with a torn edge effect.

AYP
Action Your Potential

Unleashing Learning strand

Session 1 - Building a study habit (1)
Session 2 - Building a study habit (2)

How to build a study habit to manage GCSE's, A levels and learning as you go

Wednesday 6th July and Thursday 7th July - 8pm

Wed 13 and Thu 14 July - 8pm

Mind Management Strand

Session 1: Managing Change (1)

Session 2: Managing Change (2)

How to help your child manage change, respond flexibly and choose growth in a brain that is full of negative biases. This webinar is particularly useful to manage transition from one school year to the next or one school to another.

[click here to sign up](#)



The graphic features a central purple chalkboard with white text. To the left is a branch with purple leaves. To the right is a purple sticky note with white text. In the top right corner is the AYP logo. The background is a light purple textured paper with a torn edge effect.

AYP
Action Your Potential

Mind Management Strand

Session 1 - Managing Change (1)
Session 2 - Managing Change (2)

How to help your child manage change, respond flexibly and choose growth in a brain that is full of negative biases. This webinar is particularly useful to manage transition from one school year to the next or one school to another.

Wednesday 13th July and Thursday 14th July - 8pm

AYP takes your privacy very seriously ([our GDPR policy is here](#)), we will only use these data to contact you about these sessions.

Don't forget as part of a subscribing school community you can sign up to the NeuroNinja Learning Hub where you can find hours of inspiring, informative and helpful content to help every parent, carers and student become a NeuroNinja and learn about their amazing brain.

To sign up to the [hub click here](#).

Any questions just get in touch via our website www.actionyourpotential.org

Yours sincerely

Andrew, Angela and Darren
At AYP